Cairngorm from Aviemore Rail Station

Route Summary

Cycle route from Aviemore railway station to the Cairngorm base station and funicular railway.

Route Overview

Category: Road Cycling  
Rating: Unrated  
Surface: Average  
Date Published: 20th June 2015  
Difficulty: Hard  
Length: 16.500 km / 10.31 mi  
Last Modified: 20th June 2015

Description

After heading under the rail line, the first two-thirds of the route is off-road, as far as Glenmore. This first part has only a mild gradient and uses a section of National Cycle Route 7. After Glenmore the route joins the road to Cairngorm and climbs steeply. Care should be taken on the road as it is used by all traffic to Cairngorm.
Waypoints

Exit the railway station

This route leaves the station via the exit from Platform 1 as this is where trains from the south (Edinburgh and Glasgow) stop. However, if you arrive on Platform 2, it is easier to use the exit accessed through the adjacent Strathspey Railway. In this case, cycle out of the Strathspey Railway car park and head right on Dalfaber Road – this route joins Dalfaber Road a few metres south of the car park exit.

Follow the sign for Glenmore

Across the road you will see a sign for Glenmore.

Grampian Road (B9152)

Turn left on Grampian Road and cycle a short distance until you see the sign for the Old Logging Way on the left. Traffic is not too fast, but if you are with children you can cycle on the pavement if you feel safer.
Approach to turn

There is a cycle sign for the Old Logging Way on your left. You will pull into the layby ahead to use the cycle path.

Old Logging Way

Turn left onto the cycle/pedestrian path. Amongst other destinations, it is signed for the Cairngorms.

Dalfour Road (National Cycle Route 7)
Turn right on Dalfour Road and cycle for a short distance until the sign on the left for National Cycle Route 7 & the Old Logging Way.

📍 National Cycle Route 7  
(57.18297; -3.83028)

Turn left onto the cycle path which goes over a bridge, signed as National Cycle Route 7 and the Old Logging Way.

➕ Cross the road  
(57.18037; -3.82479)
There is a well marked, level, cycle crossing.

Continue straight on National Cycle Route 7.

At this point, National Cycle Route 7 joins the road. Instead, take a right through the wooden fence and use the off-road gravel path.

Old Logging Way
You are on an attractive off-road path.

⛔ Pavement

(57.17420; -3.79657)
The off-road path ends but at this point the pavement opposite is signed for cycles as well as pedestrians. Cycle on this pavement for a short distance. You will no longer be following National Cycle Route 7, which turns left at the curve ahead.

**Old Logging Way**

(57.17472; -3.79467)

Turn right through the wooden fence to join the off-road Old Logging Way path, which is signed for Glenmore.
Old Logging Way

(57.17462; -3.79460)

You are back on the gravel path.

Cross the road

(57.17382; -3.78331)

There is a well-marked road crossing.
Stay on the Old Logging Way by taking the gravel path on the left where the road path forks.

Cross over to the signed Glenmore Forest Park Walk / Cycleway.

Old Logging Way
Turn left on the Old Logging Way path (marked for Glenmore) just before the junction with the road.

Join the road

(57.16818; -3.69762)

The off-road path ends here, so carefully join the drive ahead and head right a few metres to the junction with the main Cairngorm Road.

Cairngorm Road

(57.16801; -3.69744)

Turn left on Cairngorm Road. It is generally not too busy and there is space for cyclists. You will be on this road for the remaining four miles to the CairnGorm Mountain Railway.

Welcome to Cairngorm Mountain

(57.16159; -3.68703)
A sign shows you have three miles to go.

![CairnGorm Mountain Railway](57.13408; -3.67059)

You will have to chain your bike to a fence.